

California LSWP Triennial Assessment Guidance

Local Education Agencies (LEAs) must conduct a comprehensive assessment of the Local School Wellness Policy (LSWP) a minimum of once every three years, beginning no later than June 30, 2020. The 2020 triennial assessment requirements are: 1) comparison to a model policy; 2) progress with the LSWP goals; and 3) compliance with the policy. The structure of the assessments prior to 2020 is up to LEAs. For triennial assessments conducted 2020 and later, LEAs may choose their methods to meet the three requirements outlined above. One online tool recommended for model policy comparison is the Well SAT, which can be located on the Well SAT website at <http://www.wellsat.org/>. LEAs may use action planning documents containing timelines, goals, and tasks to assist in measuring progress and compliance with the policy, such as the School Health Index online tool located on the Center for Disease Control and Prevention website at <https://www.cdc.gov/healthyschools/shi/index.htm>. LEAs must also make the results of the triennial assessment available to the public. LEAs may use this **California LSWP Triennial Assessment Guidance** to organize their notes regarding the 2020 assessment. Remember, LEAs should keep a copy of the most recent, dated assessment available to show during the school food authority administrative review. Please note before June 30, 2020, LEAs still must conduct an assessment but there are no requirements for the content or scope-Well SAT score can suffice.

Agency Name: *Seiad Elementary School District* Number of Schools: *1*

Date Policy Revised: *11/5/19*

Date Assessment Completed: *2/25/20*

Reporting Time Period: *9/19-2-20*

Report Completed and By Whom: (Name and Position):

Sawana Oliver Food Services Manager

Comparison to Model Policy: (attach completed report)

Please indicate which model policy was used for comparison:

Model Policy	Check If Used
Alliance for a Healthier Generation	
California School Board Association	<input checked="" type="checkbox"/>
San Diego County Model Policy	
Other: Please Specify	

Please indicate which tool was used and the score and provide a brief summary of the result of model policy comparison.

Tool Used	Results
Well SAT Scorecard	<i>82 / 23</i>
Other Tool: Identify	

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1. Monitoring Progress with Meeting the LSWP Goals: (attach completed tools)

Please indicate which tool was used to monitor progress:

Tool Used to Monitor Progress	Check if Used
School Health Index*	
Action for Healthy Kids Game On	
Alliance for a Healthier Generation Healthy Schools Builder	
Well SAT Implementation Assessment	
Project LEAN Work Plan	
District Action Plan	
Other (such as Local Control Accountability Plan)	

*A condensed version of the School Health Index is located on the Action for Healthy Kids website at https://afhkschoolportal.force.com/AFHK_Communities_Login

Please summarize successes and barriers by school year:

School Year:

Successes:

Barriers

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2. Extent of Compliance for ALL schools with the LSWP: (attach completed tools)

Please indicate the tool used to assess the extent of compliance:

Tool Used to Assess Extent of Compliance	Check if Used
School Health Index	
Action for Healthy Kids Game On	
Alliance for a Healthier Generation Healthy School Builder	
Well SAT Implementation Tool	✓
Project LEAN Work Plan	
District Action Plan	
District Survey	
Other	

Please indicate how many schools are in compliance:

Policy Area	Not Met (number of schools)	Partial Compliance (number of schools)	Full Compliance (number of schools)
Nutrition Education			1
Nutrition Promotion			1
Physical Activity			1
Other Areas of Student Wellness			1
Nutrition Standards for Meals			1
Competitive Food and Beverage Standards			1
Food and Beverage Marketing			1
Foods Offered but Not Sold			1
Public Involvement			1
Public Notification			1
Leadership			1
Other			

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3. Triennial Assessment Report to Public: (attach documentation)

Please indicate which target audiences received a report of the triennial assessment, the method used, and the date reported.

Target Audience(s)	Method	Date
School Board	Paper	2/25/20
Parents	Posted on Website	2/26/20
General School Community	Posted at School	2/25/20
Students		
Teachers		
School Administrators	Website	2-26-20
General School Staff		
Partners		
Other	Posted on School	2/26/20
Other	Website	

4. Please add any comments or notes and identify and the attachments:

Your District's Scorecard

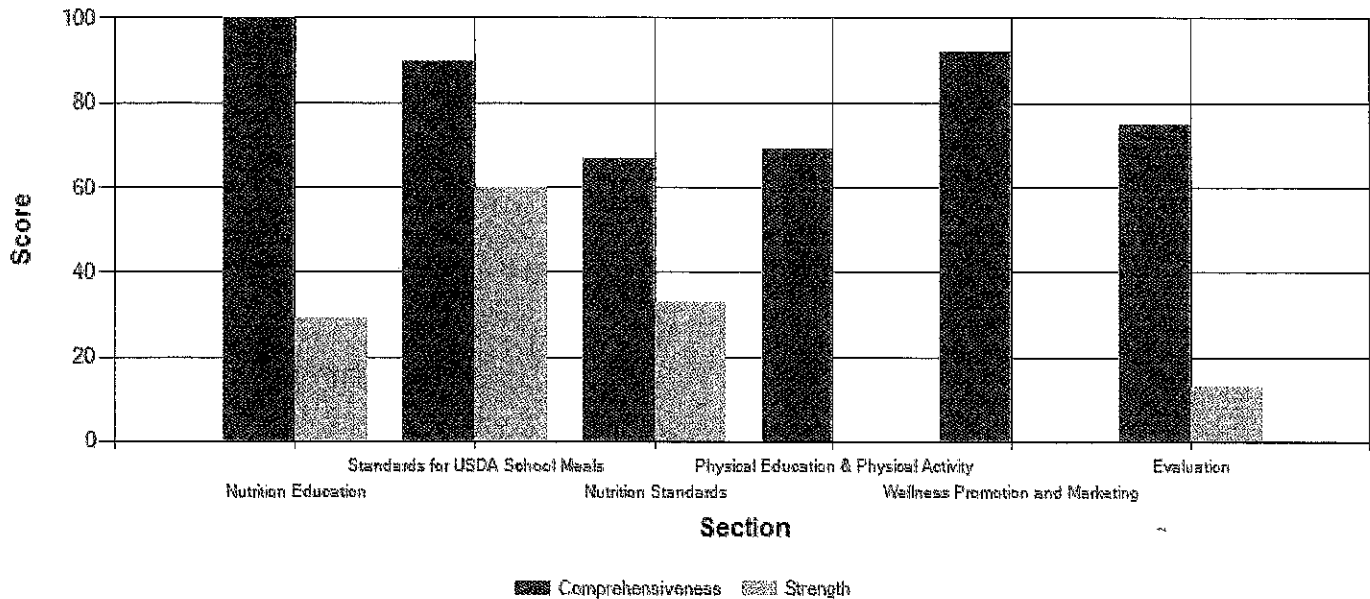
[Close window](#)

Congratulations! You have completed the WellsAT. Check out your scorecard below. It contains details of how you scored on each item and section of the assessment. It also provides resources that will help you improve your district's school wellness policy.

Items with a rating of "0" (item not addressed in the policy) or "1" (general or weak statement addressing the item) can be improved by referring to the resource links next to the items. Multiple resources addressing school wellness policy topics are available online. To avoid duplicative information, we have included a small selection, rather than a comprehensive listing.

Version: 3.0

Policy Name: 2019-20



Section 1. Nutrition Education






Rating

NE1	Includes goals for nutrition education that are designed to promote student wellness.	2
NE2	Nutrition education teaches skills that are behavior focused, interactive, and/or participatory.	1
NE3	All elementary school students receive sequential and comprehensive nutrition education.	1
NE4	All middle school students receive sequential and comprehensive nutrition education.	1
NE6	Nutrition education is integrated into other subjects beyond health education	1
NE7	Links nutrition education with the school food environment.	1
NE8	Nutrition education addresses agriculture and the food system.	2
Subtotal for Section 1	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 7. Multiply by 100. Do not count an item if the rating is "0."	100
	Strength Score: Count the number of items rated as "2" and divide this number by 7. Multiply by 100.	29

[Click here for Nutrition Education Resources](#)

Section 2. Standards for USDA Child Nutrition Programs and School Meals




Rating




SM1	 Assures compliance with USDA nutrition standards for reimbursable school meals.	2
SM2	Addresses access to the USDA School Breakfast Program.	0
SM3	 District takes steps to protect the privacy of students who qualify for free or reduced priced meals.	2
SM4	Addresses how to handle feeding children with unpaid meal balances without stigmatizing them.	2
SM5	Specifies how families are provided information about determining eligibility for free/reduced priced meals.	2
SM6	Specifies strategies to increase participation in school meal programs.	1
SM7	Addresses the amount of "seat time" students have to eat school meals.	1
SM8	 Free drinking water is available during meals.	2
SM9	 Ensures annual training for food and nutrition services staff in accordance with USDA Professional Standards.	2
SM10	 Addresses purchasing local foods for the school meals program.	1
Subtotal for Section 2	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 10. Multiply by 100. Do not count an item if the rating is "0."	90
	Strength Score: Count the number of items rated as "2" and divide this number by 10. Multiply by 100.	60

[Click here for School Food Resources](#)

Section 3. Nutrition Standards for Competitive and Other Foods and Beverages

Rating




NS1	 Addresses compliance with USDA nutrition standards (commonly referred to as Smart Snacks) for all food and beverages sold to students during the school day.	1
NS2	USDA Smart Snack standards are easily accessed in the policy.	2
NS3	 Regulates food and beverages sold in a la carte.	0
NS4	 Regulates food and beverages sold in vending machines.	0


NS5	 Regulates food and beverages sold in school stores.	0
NS6	 Addresses fundraising with food to be consumed during the school day.	2
NS7	Exemptions for infrequent school-sponsored fundraisers.	2
NS9	 Regulates food and beverages served at class parties and other school celebrations in elementary schools.	1
NS10	Addresses nutrition standards for all foods and beverages served to students after the school day, including, before/after care on school grounds, clubs, and after school programming.	1
NS11	Addresses nutrition standards for all foods and beverages sold to students after the school day, including before/after care on school grounds, clubs, and after school programming.	0
NS12	Addresses food not being used as a reward.	1
NS13	Addresses availability of free drinking water throughout the school day.	2
Subtotal for Section 3	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 12. Multiply by 100. Do not count an item if the rating is "0."	67
	Strength Score: Count the number of items rated as "2" and divide this number by 12. Multiply by 100.	33

[Click here for Nutrition Standards Resources](#)

Section 4. Physical Education and Physical Activity

Rating



PEPA1	 There is a written physical education curriculum for grades K-12.	1
PEPA2	The written physical education curriculum for each grade is aligned with national and/or state physical education standards.	1
PEPA3	Physical education promotes a physically active lifestyle.	1
PEPA7	Addresses qualifications for physical education teachers for grades K-12.	0
PEPA8	Addresses providing physical education training for physical education teachers.	0
PEPA9	Addresses physical education exemption requirements for all students.	0
PEPA10	Addresses physical education substitution for all students.	1
PEPA11	 Addresses family and community engagement in physical activity opportunities at all schools.	1
PEPA12	 Addresses before and after school physical activity for all students including clubs, intramural, interscholastic opportunities.	1
PEPA13	Addresses recess for all elementary school students.	1

PEPA14	 Addresses physical activity breaks during school.	1
PEPA15	Joint or shared-use agreements for physical activity participation at all schools.	0
PEPA16	District addresses active transport (Safe Routes to School) for all K-12 students who live within walkable/bikeable distance.	1
Subtotal for Section 4	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 13. Multiply by 100. Do not count an item if the rating is "0."	69
	Strength Score: Count the number of items rated as "2" and divide this number by 13. Multiply by 100.	0

[Click here for Resources on Physical Activity in Schools](#)

Section 5. Wellness Promotion and Marketing

Rating







		Rating
WPM1	Encourages staff to model healthy eating and physical activity behaviors.	1
WPM2	 Addresses strategies to support employee wellness.	1
WPM3	Addresses using physical activity as a reward.	1
WPM4	Addresses physical activity not being used as a punishment.	1
WPM5	Addresses physical activity not being withheld as a punishment.	1
WPM6	Specifies marketing to promote healthy food and beverage choices.	1
WPM7	 Restricts marketing on the school campus during the school day to only those foods and beverages that meet Smart Snacks standards.	1
WPM8	Specifically addresses marketing on school property and equipment (e.g., signs, scoreboards, sports equipment).	1
WPM9	Specifically addresses marketing on educational materials (e.g., curricula, textbooks, or other printed or electronic educational materials).	1
WPM10	Specifically addresses marketing where food is purchased (e.g., exteriors of vending machines, food and beverage cups and containers, food display racks, coolers, trash and recycling containers).	0
WPM11	Specifically addresses marketing in school publications and media (e.g., advertisements in school publications, school radio stations, in-school television, computer screen savers, school-sponsored Internet sites, and announcements on the public announcement (PA) system).	1
WPM12	Specifically addresses marketing through fundraisers and corporate-incentive programs (e.g., fundraising programs that encourage students and their families to sell, purchase, or consume products and corporate incentive programs that provide funds to schools in exchange for proof of purchases of company products, such as Box Tops for Education).	1
Subtotal for Section 5	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 12. Multiply by 100. Do not count an item if the rating is "0."	92

Strength Score: Count the number of items rated as "2" and divide this number by 12. Multiply by 100.	0
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[Click here for Wellness Promotion and Marketing Resources](#)

Section 6. Implementation, Evaluation & Communication

Rating

IEC1	Addresses the establishment of an ongoing district wellness committee.	1
IEC2	 Addresses how all relevant stakeholders (parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrator, and the general public) will participate in the development, implementation, and periodic review and update of the local wellness policy.	1
IEC3	 Identifies the officials responsible for the implementation and compliance of the local wellness policy.	1
IEC4	 Addresses making the wellness policy available to the public.	1
IEC5	 Addresses the assessment of district implementation of the local wellness policy at least once every three years.	2
IEC6	 Triennial assessment results will be made available to the public and will include:	1
IEC7	 Addresses a plan for updating policy based on results of the triennial assessment.	0
IEC8	Addresses the establishment of an ongoing school building level wellness committee.	0
Subtotal for Section 6	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 8. Multiply by 100. Do not count an item if the rating is "0."	75
	Strength Score: Count the number of items rated as "2" and divide this number by 8. Multiply by 100.	13

[Click here for Resources for Wellness Policy Development, Implementation and Evaluation.](#)

Overall District Policy Score

Total Comprehensiveness Add the comprehensiveness scores for each of the six sections above and divide this number by 6.	District Score 82
Total Strength Add the strength scores for each of the six sections above and divide this number by 6.	District Score 23

